

## DELL Precision 5690 Intel Core Ultra 7 165H Mobiilityöasema 40,6 cm (16") Full HD+ 32 GB LPDDR5x-SDRAM 1 TB SSD NVIDIA RTX 1000 Ada Wi-Fi 7 (802.11be) Windows 11 Pro Harmaa

Tuotemerkki : DELL Tuoteperhe: Precision Tuotekoodi: 6VFPX

Tuotteen nimi: 5690

DELL Precision 5690. Tuotetyyppi: Mobiilityöasema, Kotelo: Simpukka. Suoritinperhe: Intel Core Ultra 7, Prosessorimalli: 165H. Näytön halkaisija: 40,6 cm (16"), HD-tyyppi: Full HD+, Näytön erottelutarkkuus: 1920 x 1200 pikseliä. Sisäinen muisti: 32 GB, Sisäisen muistin tyyppi: LPDDR5x-SDRAM. Kokonaistallennuskapasiteetti: 1 TB, Tallennusmedia: SSD. Sisältyvän näytönohjaimen malli: Intel Arc Graphics, Erillisen näytönohjaimen malli: NVIDIA RTX 1000 Ada. Käyttöjärjestelmä asennettu: Windows 11 Pro. Tuotteen väri: Harmaa





Design		Camera	
Product colour * Grey Form factor * Clamshel	•	Video capturing speed Infrared (IR) camera	30 fps ✓
	Clamshell Business	Network	
Intel® vPro™ Platform Eligibility		Top Wi-Fi standard *	Wi-Fi 7 (802.11be)
Display		Wi-Fi standards	802.11a, 802.11b, 802.11g, Wi-Fi 4 (802.11n), Wi-Fi 5 (802.11ac), Wi-Fi 6E (802.11ax), Wi-Fi 7 (802.11be)
Display diagonal * Display resolution * Touchscreen * HD type Panel type LED backlight Native aspect ratio Anti-glare screen Display brightness Pixel density RGB colour space Colour gamut Maximum refresh rate Contrast ratio (typical)	40.6 cm (16")  1920 x 1200 pixels	Mobile network connection * Antenna type WLAN controller model WLAN controller manufacturer Bluetooth MIMO MIMO type  Ports & interfaces USB 3.2 Gen 2 (3.1 Gen 2) Type-C ports quantity HDMI ports quantity * HDMI version Thunderbolt 4 ports quantity	X 2x2 Intel Wi-Fi 7 BE200 Intel  Multi User MIMO  1 1 2.1 2
Processor		Intel® Thunderbolt 4	<b>V</b>
Processor family * In	Intel Intel Core Ultra 7 Intel® Core™ Ultra (Series 1)	Combo headphone/mic port USB Type-C DisplayPort Alternate Mode	<i>'</i>
Processor model *	165H	Performance	
Processor cores	16	Ambient light sensor	✓
Processor threads	22	Accelerometer	<b>✓</b>

Processor		Performance	
Processor boost frequency	5 GHz		,
Performance cores	6	Proximity sensor	<b>√</b>
Efficient cores	8	Gyroscope	•
Low Power Efficient-cores	2	Hall sensor	✓
Performance-core Max Turbo	5 GHz	Keyboard	
Frequency		Pointing device	Touchpad
Efficient-core Max Turbo Frequency Low Power Efficient-core Max Turbo	3.8 GHz	Keyboard language	Nordic
Frequency	2.5 GHz	Numeric keypad *	×
Performance-core base frequency	1.4 GHz	Keyboard backlit	1
Efficient-core base frequency	0.9 GHz	Copilot key	1
Low Power Efficient-core Base Frequency	700 MHz	Software	
Processor cache	24 MB	Operating system architecture	64-bit
Processor cache type	Smart Cache	Operating system language	Danish, English, Finnish, Norwegian,
Processor base power	28 W		Swedish  No Microsoft Office Licence Included
Maximum turbo power	115 W	Trial software	- 30 day Trial Offer Only
Neural processor unit (NPU)		Operating system installed *	Windows 11 Pro
Neural processor unit (NPU)	Intel Al Boost	Microsoft Copilot	✓
Maximum frequency NPU	1.4 GHz	Copilot+ PC	✓
Sparsity support	✓	Battery	
Windows Studio effects support	✓	Battery technology	Lithium-lon (Li-lon)
Al datatype support on NPU	FP16, FP32, Int8	Number of battery cells	6
Al software frameworks supported	DirectML, ONNX RT, OpenVINO,	Battery capacity *	99.5 Wh
by NPU	Windows ML	Battery voltage	11.55 V
Memory		Battery recharge time	3 h
Internal memory *	32 GB	Fast charging	1
Internal memory type	LPDDR5x-SDRAM	Battery charge indicator	✓
Memory form factor  Maximum internal memory *	On-board 32 GB	Battery weight	363 g
Memory channels	Dual-channel	Power	
•	Dual chamic		
Memory data transfer rate	7467 MT/s	AC adapter power	165 W
Memory data transfer rate	7467 MT/s	AC adapter frequency	50 - 60 Hz
Storage		AC adapter frequency AC adapter input voltage	50 - 60 Hz 100 - 240 V
Storage Total storage capacity *	1 TB	AC adapter frequency	50 - 60 Hz
Storage		AC adapter frequency AC adapter input voltage	50 - 60 Hz 100 - 240 V
Storage Total storage capacity * Storage media *	1 TB SSD	AC adapter frequency AC adapter input voltage USB Power Delivery (USB PD) *	50 - 60 Hz 100 - 240 V
Storage Total storage capacity * Storage media * Total SSDs capacity	1 TB SSD 1 TB	AC adapter frequency AC adapter input voltage USB Power Delivery (USB PD) * Security	50 - 60 Hz 100 - 240 V ✓
Storage Total storage capacity * Storage media * Total SSDs capacity Number of SSDs installed	1 TB SSD 1 TB 1	AC adapter frequency AC adapter input voltage USB Power Delivery (USB PD) * Security Cable lock slot	50 - 60 Hz 100 - 240 V
Storage Total storage capacity * Storage media * Total SSDs capacity Number of SSDs installed SSD capacity SSD interface NVMe	1 TB SSD 1 TB 1 1 TB PCI Express 4.0	AC adapter frequency AC adapter input voltage USB Power Delivery (USB PD) *  Security Cable lock slot Cable lock slot type	50 - 60 Hz 100 - 240 V Wedge
Storage Total storage capacity * Storage media * Total SSDs capacity Number of SSDs installed SSD capacity SSD interface NVMe SSD form factor	1 TB SSD 1 TB 1 1 TB PCI Express 4.0  M.2	AC adapter frequency AC adapter input voltage USB Power Delivery (USB PD) *  Security Cable lock slot Cable lock slot type Fingerprint reader Trusted Platform Module (TPM) Trusted Platform Module (TPM)	50 - 60 Hz 100 - 240 V Wedge
Storage Total storage capacity * Storage media * Total SSDs capacity Number of SSDs installed SSD capacity SSD interface NVMe SSD form factor SSD performance class	1 TB SSD 1 TB 1 1 TB PCI Express 4.0  M.2 40	AC adapter frequency AC adapter input voltage USB Power Delivery (USB PD) *  Security Cable lock slot Cable lock slot type Fingerprint reader Trusted Platform Module (TPM) Trusted Platform Module (TPM) version	50 - 60 Hz 100 - 240 V Wedge   2.0
Storage  Total storage capacity * Storage media * Total SSDs capacity Number of SSDs installed SSD capacity SSD interface NVMe SSD form factor SSD performance class M.2 SSD size	1 TB SSD 1 TB 1 1 TB PCI Express 4.0  ✓ M.2 40 2280 (22 x 80 mm)	AC adapter frequency AC adapter input voltage USB Power Delivery (USB PD) *  Security Cable lock slot Cable lock slot type Fingerprint reader Trusted Platform Module (TPM) Trusted Platform Module (TPM) version Password protection	50 - 60 Hz 100 - 240 V ✓ Wedge ✓
Storage Total storage capacity * Storage media * Total SSDs capacity Number of SSDs installed SSD capacity SSD interface NVMe SSD form factor SSD performance class M.2 SSD size Optical drive type *	1 TB SSD 1 TB 1 1 TB PCI Express 4.0  M.2 40	AC adapter frequency AC adapter input voltage USB Power Delivery (USB PD) *  Security Cable lock slot Cable lock slot type Fingerprint reader Trusted Platform Module (TPM) Trusted Platform Module (TPM) version Password protection  Operational conditions	50 - 60 Hz 100 - 240 V V Wedge V 2.0
Storage Total storage capacity * Storage media * Total SSDs capacity Number of SSDs installed SSD capacity SSD interface NVMe SSD form factor SSD performance class M.2 SSD size Optical drive type * Graphics	1 TB SSD 1 TB 1 1 TB PCI Express 4.0  ✓ M.2 40 2280 (22 x 80 mm)  x	AC adapter frequency AC adapter input voltage USB Power Delivery (USB PD) *  Security Cable lock slot Cable lock slot type Fingerprint reader Trusted Platform Module (TPM) Trusted Platform Module (TPM) version Password protection  Operational conditions Operating temperature (T-T)	50 - 60 Hz 100 - 240 V ✓ Wedge ✓ 2.0 ✓
Storage Total storage capacity * Storage media * Total SSDs capacity Number of SSDs installed SSD capacity SSD interface NVMe SSD form factor SSD performance class M.2 SSD size Optical drive type *  Graphics Discrete graphics card model *	1 TB SSD 1 TB 1 1 TB PCI Express 4.0  ✓ M.2 40 2280 (22 x 80 mm)  X	AC adapter frequency AC adapter input voltage USB Power Delivery (USB PD) *  Security Cable lock slot Cable lock slot type Fingerprint reader Trusted Platform Module (TPM) Trusted Platform Module (TPM) version Password protection  Operational conditions Operating temperature (T-T) Storage temperature (T-T)	50 - 60 Hz 100 - 240 V Wedge 2.0 0 - 35 °C -40 - 65 °C
Storage Total storage capacity * Storage media * Total SSDs capacity Number of SSDs installed SSD capacity SSD interface NVMe SSD form factor SSD performance class M.2 SSD size Optical drive type *  Graphics  Discrete graphics card model * Discrete graphics card memory	1 TB SSD 1 TB 1 1 TB PCI Express 4.0  ✓ M.2 40 2280 (22 x 80 mm)  X   NVIDIA RTX 1000 Ada 6 GB	AC adapter frequency AC adapter input voltage USB Power Delivery (USB PD) *  Security  Cable lock slot Cable lock slot type Fingerprint reader Trusted Platform Module (TPM) Trusted Platform Module (TPM) version Password protection  Operational conditions  Operating temperature (T-T) Storage temperature (T-T) Operating relative humidity (H-H)	50 - 60 Hz 100 - 240 V Wedge 2.0 0 - 35 °C -40 - 65 °C 10 - 90%
Storage Total storage capacity * Storage media * Total SSDs capacity Number of SSDs installed SSD capacity SSD interface NVMe SSD form factor SSD performance class M.2 SSD size Optical drive type *  Graphics  Discrete graphics card model * Discrete graphics card memory Discrete graphics memory type	1 TB SSD 1 TB 1 1 TB 1 1 TB PCI Express 4.0   M.2 40 2280 (22 x 80 mm)  X   NVIDIA RTX 1000 Ada 6 GB GDDR6	AC adapter frequency AC adapter input voltage USB Power Delivery (USB PD) *  Security  Cable lock slot Cable lock slot type Fingerprint reader Trusted Platform Module (TPM) Trusted Platform Module (TPM) version Password protection  Operational conditions Operating temperature (T-T) Storage temperature (T-T) Operating relative humidity (H-H) Storage relative humidity (H-H)	50 - 60 Hz 100 - 240 V Wedge 2.0 0 - 35 °C -40 - 65 °C
Storage  Total storage capacity * Storage media * Total SSDs capacity Number of SSDs installed SSD capacity SSD interface NVMe SSD form factor SSD performance class M.2 SSD size Optical drive type *  Graphics Discrete graphics card model * Discrete graphics memory type On-board graphics card *	1 TB SSD 1 TB 1 1 TB 1 1 TB PCI Express 4.0   M.2 40 2280 (22 x 80 mm)  X   NVIDIA RTX 1000 Ada 6 GB GDDR6   ✓	AC adapter frequency AC adapter input voltage USB Power Delivery (USB PD) *  Security  Cable lock slot Cable lock slot type Fingerprint reader Trusted Platform Module (TPM) Trusted Platform Module (TPM) version Password protection  Operational conditions  Operating temperature (T-T) Storage temperature (T-T) Operating relative humidity (H-H)	50 - 60 Hz 100 - 240 V Wedge 2.0 0 - 35 °C -40 - 65 °C 10 - 90% 0 - 95%
Storage Total storage capacity * Storage media * Total SSDs capacity Number of SSDs installed SSD capacity SSD interface NVMe SSD form factor SSD performance class M.2 SSD size Optical drive type *  Graphics  Discrete graphics card model * Discrete graphics card memory Discrete graphics memory type	1 TB SSD 1 TB 1 1 TB 1 1 TB PCI Express 4.0   M.2 40 2280 (22 x 80 mm)  X   NVIDIA RTX 1000 Ada 6 GB GDDR6	AC adapter frequency AC adapter input voltage USB Power Delivery (USB PD) *  Security Cable lock slot Cable lock slot type Fingerprint reader Trusted Platform Module (TPM) Trusted Platform Module (TPM) version Password protection  Operational conditions Operating temperature (T-T) Storage temperature (T-T) Operating relative humidity (H-H) Storage relative humidity (H-H) Operating altitude	50 - 60 Hz 100 - 240 V Wedge 2.0 0 - 35 °C -40 - 65 °C 10 - 90% 0 - 95% -15.2 - 3048 m
Storage Total storage capacity * Storage media * Total SSDs capacity Number of SSDs installed SSD capacity SSD interface NVMe SSD form factor SSD performance class M.2 SSD size Optical drive type *  Graphics Discrete graphics card model * Discrete graphics card memory Discrete graphics card * On-board GPU manufacturer	1 TB SSD 1 TB 1 1 TB 1 1 TB PCI Express 4.0   M.2 40 2280 (22 x 80 mm)  X   NVIDIA RTX 1000 Ada 6 GB GDDR6  Intel	AC adapter frequency AC adapter input voltage USB Power Delivery (USB PD) *  Security Cable lock slot Cable lock slot type Fingerprint reader Trusted Platform Module (TPM) Trusted Platform Module (TPM) version Password protection  Operational conditions Operating temperature (T-T) Storage temperature (T-T) Operating relative humidity (H-H) Storage relative humidity (H-H) Operating altitude Non-operating shock Non-operating shock	50 - 60 Hz 100 - 240 V Wedge V 2.0 V 0 - 35 °C -40 - 65 °C 10 - 90% 0 - 95% -15.2 - 3048 m -15.2 - 10668 m 110 G 160 G
Storage  Total storage capacity * Storage media * Total SSDs capacity Number of SSDs installed SSD capacity SSD interface NVMe SSD form factor SSD performance class M.2 SSD size Optical drive type *  Graphics Discrete graphics card model * Discrete graphics card memory Discrete graphics card * On-board GPU manufacturer Discrete graphics card *	1 TB SSD 1 TB 1 1 TB 1 1 TB PCI Express 4.0  ✓ M.2 40 2280 (22 x 80 mm)  x   NVIDIA RTX 1000 Ada 6 GB GDDR6  ✓ Intel	AC adapter frequency AC adapter input voltage USB Power Delivery (USB PD) *  Security  Cable lock slot Cable lock slot type Fingerprint reader Trusted Platform Module (TPM) Trusted Platform Module (TPM) version Password protection  Operational conditions Operating temperature (T-T) Storage temperature (T-T) Operating relative humidity (H-H) Storage relative humidity (H-H) Operating altitude Non-operating altitude Operating shock Operating vibration	50 - 60 Hz 100 - 240 V Wedge V 2.0 V 0 - 35 °C -40 - 65 °C 10 - 90% 0 - 95% -15.2 - 3048 m -15.2 - 10668 m 110 G 160 G 0.66 G
Storage  Total storage capacity * Storage media * Total SSDs capacity Number of SSDs installed SSD capacity SSD interface NVMe SSD form factor SSD performance class M.2 SSD size Optical drive type *  Graphics Discrete graphics card model * Discrete graphics card memory Discrete graphics card * On-board GPU manufacturer Discrete graphics card family On-board graphics card model *	1 TB SSD 1 TB 1 1 TB PCI Express 4.0  M.2 40 2280 (22 x 80 mm)  X   NVIDIA RTX 1000 Ada 6 GB GDDR6  Intel Intel Intel Arc Graphics	AC adapter frequency AC adapter input voltage USB Power Delivery (USB PD) *  Security Cable lock slot Cable lock slot type Fingerprint reader Trusted Platform Module (TPM) Trusted Platform Module (TPM) version Password protection  Operational conditions Operating temperature (T-T) Storage temperature (T-T) Operating relative humidity (H-H) Storage relative humidity (H-H) Operating altitude Non-operating shock Non-operating shock	50 - 60 Hz 100 - 240 V Wedge V 2.0 V 0 - 35 °C -40 - 65 °C 10 - 90% 0 - 95% -15.2 - 3048 m -15.2 - 10668 m 110 G 160 G
Storage Total storage capacity * Storage media * Total SSDs capacity Number of SSDs installed SSD capacity SSD interface NVMe SSD form factor SSD performance class M.2 SSD size Optical drive type *  Graphics  Discrete graphics card model * Discrete graphics card memory Discrete graphics card * On-board GPU manufacturer Discrete graphics card family On-board graphics card model * Audio	1 TB SSD 1 TB 1 1 TB PCI Express 4.0  M.2 40 2280 (22 x 80 mm)  X   NVIDIA RTX 1000 Ada 6 GB GDDR6  Intel Intel Arc Graphics Intel Arc Graphics	AC adapter frequency AC adapter input voltage USB Power Delivery (USB PD) *  Security  Cable lock slot Cable lock slot type Fingerprint reader Trusted Platform Module (TPM) Trusted Platform Module (TPM) version Password protection  Operational conditions Operating temperature (T-T) Storage temperature (T-T) Operating relative humidity (H-H) Storage relative humidity (H-H) Operating altitude Non-operating altitude Operating shock Operating vibration	50 - 60 Hz 100 - 240 V Wedge V 2.0 V 0 - 35 °C -40 - 65 °C 10 - 90% 0 - 95% -15.2 - 3048 m -15.2 - 10668 m 110 G 160 G 0.66 G
Storage Total storage capacity * Storage media * Total SSDs capacity Number of SSDs installed SSD capacity SSD interface NVMe SSD form factor SSD performance class M.2 SSD size Optical drive type *  Graphics Discrete graphics card model * Discrete graphics memory type On-board graphics card * On-board GPU manufacturer Discrete graphics card family On-board graphics card model * Audio Number of built-in speakers	1 TB SSD 1 TB 1 1 TB PCI Express 4.0  M.2 40 2280 (22 x 80 mm)  X   NVIDIA RTX 1000 Ada 6 GB GDDR6  Intel Intel Intel Arc Graphics	AC adapter frequency AC adapter input voltage USB Power Delivery (USB PD) *  Security  Cable lock slot Cable lock slot type Fingerprint reader Trusted Platform Module (TPM) Trusted Platform Module (TPM) version Password protection  Operational conditions Operating temperature (T-T) Storage temperature (T-T) Operating relative humidity (H-H) Storage relative humidity (H-H) Operating altitude Non-operating altitude Operating shock Operating vibration Non-operating vibration  Weight & dimensions  Width	50 - 60 Hz 100 - 240 V Wedge V 2.0 V 0 - 35 °C -40 - 65 °C 10 - 90% 0 - 95% -15.2 - 3048 m -15.2 - 10668 m 110 G 160 G 0.66 G
Storage Total storage capacity * Storage media * Total SSDs capacity Number of SSDs installed SSD capacity SSD interface NVMe SSD form factor SSD performance class M.2 SSD size Optical drive type *  Graphics  Discrete graphics card model * Discrete graphics card memory Discrete graphics card * On-board GPU manufacturer Discrete graphics card family On-board graphics card model * Audio	1 TB SSD 1 TB 1 1 TB 1 1 TB PCI Express 4.0   M.2 40 2280 (22 x 80 mm)    NVIDIA RTX 1000 Ada 6 GB GDDR6   Intel  Intel Arc Graphics Intel Arc Graphics	AC adapter frequency AC adapter input voltage USB Power Delivery (USB PD) *  Security  Cable lock slot Cable lock slot type Fingerprint reader Trusted Platform Module (TPM) Trusted Platform Module (TPM) version Password protection  Operational conditions Operating temperature (T-T) Storage temperature (T-T) Operating relative humidity (H-H) Storage relative humidity (H-H) Operating altitude Non-operating altitude Operating shock Non-operating shock Operating vibration Non-operating vibration  Weight & dimensions  Width Depth	50 - 60 Hz 100 - 240 V  Wedge  V 2.0  V  0 - 35 °C -40 - 65 °C 10 - 90% 0 - 95% -15.2 - 3048 m -15.2 - 10668 m 110 G 160 G 0.66 G 1.3 G  353.7 mm 240.3 mm
Storage Total storage capacity * Storage media * Total SSDs capacity Number of SSDs installed SSD capacity SSD interface NVMe SSD form factor SSD performance class M.2 SSD size Optical drive type *  Graphics Discrete graphics card model * Discrete graphics card memory Discrete graphics card * On-board GPU manufacturer Discrete graphics card family On-board graphics card model * Audio Number of built-in speakers Speakers manufacturer	1 TB SSD 1 TB 1 1 TB 1 1 TB PCI Express 4.0   M.2 40 2280 (22 x 80 mm)    NVIDIA RTX 1000 Ada 6 GB GDDR6   Intel Intel Arc Graphics Intel Arc Graphics  4 Waves	AC adapter frequency AC adapter input voltage USB Power Delivery (USB PD) *  Security  Cable lock slot Cable lock slot type Fingerprint reader Trusted Platform Module (TPM) Trusted Platform Module (TPM) version Password protection  Operational conditions Operating temperature (T-T) Storage temperature (T-T) Operating relative humidity (H-H) Storage relative humidity (H-H) Operating altitude Non-operating altitude Operating shock Operating vibration Non-operating vibration  Weight & dimensions  Width	50 - 60 Hz 100 - 240 V  Wedge   2.0  0 - 35 °C -40 - 65 °C 10 - 90% 0 - 95% -15.2 - 3048 m -15.2 - 10668 m 110 G 160 G 0.66 G 1.3 G

Camera		Weight & dimensions	
Front camera	1	Weight *	2.03 kg
Front camera resolution (numeric) Front camera resolution Front camera HD type	2.07 MP 1920 x 1080 pixels Full HD	Carbon footprint	
		Total carbon footprint (kg of CO2e)	246
		Carbon emissions, manufacturing (kg of CO2e)	200
		Carbon emissions, logistics (kg of CO2e)	7
		Carbon emissions, energy usage (kg of CO2e)	36
		Carbon emissions, end-of-life (kg of CO2e)	2
		Total carbon emissions, w/o use phase (kg of CO2e)	210
		PAIA version	GaBi version 1, 2024
		Packaging content	
		Cables included	AC



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